## Bussage C of E Primary School Early help offer.

### Support for attendance and emotionally based school avoidance

- Individual attendance support plans.
- Reduced anxiety start-of-day arrangements.
- Early drop-off or alternative entrances.
- "Soft start" activities before lessons begin.
- Check-ins with a trusted adult.
- Visual timetables and transition support.
- Home-school communication books.
- Reintegration plans following illness, anxiety or prolonged absence.
- Transition programmes between year groups and from Year 6 to secondary school.

### Support for families

- Signposting to food banks and community support.
- Assistance accessing free school meals, holiday food schemes and benefit advice.
- Referrals to Family Hubs and Early Help services.
- Support completing forms for housing, SEND or financial assistance.
- Signposting to parenting workshops and support groups.
- Signposting to counselling and mental health services.
- Advice around routines, sleep and behaviour management.
- Support during parental separation or family breakdown.
- Support following family bereavement.

### Emotional wellbeing support

- ELSA interventions.
- Nurture groups.
- Friendship and social skills groups.
- Worry boxes and wellbeing check-ins.
- Mindfulness and relaxation activities.
- Access to a calm or sensory regulation space.
- Emotional regulation support and strategies.
- Support following bereavement or significant life events
- Restorative conversations following conflict between peers.
- Peer mediator support at playtimes

### SEND and Neurodiversity Support

- Advice and signposting for families concerned about autism, ADHD or other additional needs.
- Liaison with external agencies.
- Support navigating referrals and assessments.
- Opportunities for parent consultations and review meetings.
- Collaboration with SENDIASS and local support organisations (see SEND information report on the SEND tab for more information).

### Community and belonging

- Breakfast club places.
- Peer mentoring or playground buddies.
- Extra-curricular club access for disadvantaged pupils.
- Family wellbeing events.
- Opportunities for families to connect with support agencies within the school environment.